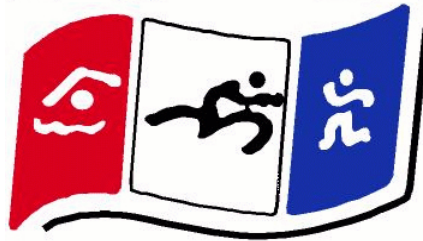


IUTA



INTERNATIONAL ULTRA TRIATHLON RULES

Revision September 2006

**Following new deposit of statute in French
Prefecture**

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International Ultra Triathlon Association

RULES:

International Ultra Triathlon Association with an aim of conforming to the associative bases and to work within a legal framework, by clearly establishing the rights and responsibilities for the various members of his association, for the rules in competitions, for the organizations and partners, to govern the life within the competitions of Ultra triathlon enacted and accepted the following rules:

I - DEFINITION

A triathlon Ultra Distance is a combined sport of endurance in which the ultra triathlete must connect the ones following to the others the 3 following sports: Swimming, cycling and foot running.

Other sports of Ultra Distances additional can be introduced within the IUTA, in agreement with the climatic seasons and/or conditions. They will have to always be disciplines carried out by athletes of sports Ultra Distances. A specific name will then be given to this new combination by describing its characteristic. It will have to be subjected to the approval of the President who while following will propose the latter at the technical committee for approval.

The rules establishes by the IUTA will have to be applied and honoured. If a particular case arise and required a readjustment of this rules, the technical commission would meet then to rule on this case and to apply the modifications which it would consider necessary.

II – I.U.T.A. RESPONSIBILITIES

International Ultra Triathlon Association is responsible for:

- TO PROMOTE the Ultra Triathlon by organizing International events
- While regulating:
 - An official calendar of the competitions
 - An international classification of the athletes
 - Establishment of international diplomas
- To make apply the rules of the IUTA during the events.

III - DISTANCES

A race is recognized Ultra triathlon, which at least presents the following distances:

- 3.8 kilometres of swimming,
- 180 kilometres of cycling,
- 42.195 kilometres of foot running,

It's multiples and all distances beyond the mark established by the distances from Iron specified above.

Championships National, Continentals and World could be organized if they respect the data necessary and established by the IUTA.

IV - CONDITIONS OF PARTICIPATION

- Ultra Triathletes men or women, being at least 21 years old the day of the competition, will be able to take part.
- A valid licence is required to participate to a race sanction by IUTA (They are available from IUTA or Race organiser at 30 euro piece and are valid from 1st January to 31 December)
- Candidates being able to present a medical certificate confirming that it or it does not present any against cardiac indication and being in good health to take part in an ultra triathlon. This certificate having to present in its contents the distances to be carried out at the time of the race.
- The organizer reserving the right to ask a complementary medical examination if it judges that the athlete can present a certain risk.

V - CATEGORIES of AGES

21 - 39 years

40 - 49 years

50 years and more.

VI - GENERAL RESPONSIBILITIES

- It is responsibility of the athletes to be correctly prepared for a race
- He or she has the obligation to know and follow the rules in competition of IUTA, to know the laws of circulation, to respect them and follow the rules given by the organizer of the competition
- In the event of competition organized or certified by label IUTA, a licence IUTA will be mandatory. It could be obtained for the year (validity of January 1 at December 31).

VII - EQUIPMENT

The candidate is responsible for his equipment in term of safety and legality. The athlete must always have a decent behaviour during the race.

1 / OBLIGATORY EQUIPMENT GIVES BY the ORGANIZER

- Swim Cap: The candidate will have to wear the swim cap and the number, which will be given to him by the organizer. The number will not have to be hidden or folded. The candidate will be sanctioned or disqualified if he or she does not wear the number and the swim cap
- Bib number for foot racing: During the pedestrian test, the number will have to be worn to the front one. It should not exceed 400 cm square (20 cm X 20 cm). It will have to be completely visible. The candidate will be informed if its number is not visible and will have to stop to give it in correct position. If the athlete refuses to stop or replace his number correctly, it will be disqualified
- The organizer is not to in no case responsible for the equipment other than those mentioned above, namely: swim cap, plates of framework and bib number of foot running (20 X 20 cm)

2 / CLOTHING

The minimum equipment for the swimming part will have to be a bathing suit for the men and a one-piece swimsuit or a triathlon unit for the women.

In all time, the body will have to be decently covered. The sanction given for non-observation or respect of the rules will be a warning with stop of the athlete during whom he or she /it will have to modify his behaviour at the time present. In the event of refusal, the athlete will be disqualified.

During the cyclist section, the candidate will have obligatory to carry a jugular approved helmet tight. In the event of non-compliance with this safety requirement, it will be automatically disqualified.

During the pedestrian test, the candidate will not be able to in no case run naked chest. In the event of non-compliance with this rule the athlete will be automatically disqualified.

VIII - GENERAL RULES AND DISCIPLINE

1 / DISCIPLINARY ACTIONS

All people contravening to the rules of IUTA will be subject to disciplinary action define below.

All athlete having a attitude opposite to the philosophy of the IUTA will be subject to a penalty procedure in front of the IUTA discipline committee.

All athlete consuming or making the promotion of doping substances, taking part in violation of the rules of the IUTA, will be subject to the disciplinary actions define below.

The Ultra Triathlete in default will have the right to be heard by the commission of discipline of the IUTA before the committee take a final decision.

The Ultra Triathlete will be immediately suspended of IUTA competitions.

The committee of Discipline will be able to take an additional sanction of a financial nature and will decide time of suspension of the athlete.

The athlete will be able to ask for by mail the clemency of the committee of Discipline and the authorization of take again the competition before the end of his suspension.

With this intention it will have to address a mail to the commission of Discipline under cover of the President of the IUTA.

In no case, the removal of the sanction will not be able to intervene before 18 months minimum time.

2 / GENERAL INFORMATION

Blocking or obstruction:

The athlete is not authorized to block, obstruct or make any variation or inopportune movement likely to interfere with the progression of another candidate, where likely to cause an accident. The sanction will be the disqualification.

Short cuts:

To cut the course (to take a short cut) in the objective to shorten its distance with the detriment of the other candidates will be regarded as a cheating and will be sanctioned of an immediate disqualification.

Drafting:

It is interdict to make drafting in any time the drafting is define when an athlete take advantage of the aspiration of a cyclist to decrease his effort. The drafting is defined when a cyclist enters inside 2 meters during a period of 30 seconds of another cyclist who precedes it. If an athlete is in violation of this article he will be advise two time on the second time he will be stopped for 5 minutes at the place of the infraction on his third violation he will be sanctioned for 20 minutes. If a candidate has a fourth infraction he will be disqualified.

If a candidate is disqualified for violation of this Article of the Regulation, it will have immediately to leave the race while putting on again its number to the marshal of the race.

Moreover, in addition to his immediate disqualification, the athlete exposes himself to an additional penalty decided by the commission of discipline of the IUTA. It could be of order financial and will be judged according to each case.

General Rules

If a candidate does not respect the general rules or where does not respect the safety requirements, he or she exposes itself to the following sanctions:

1st warning: Verbal warning

2nd warning: Yellow card equivalent to 5 minutes per Ironman distance defined by the race

3rd warning: Red Card this warning is equivalent 2 yellow card 10 minutes per ironman distance define by the race type

4th warning: Red Card bringing to the immediate disqualification and depend on the gravity additional sanction can be taken by the discipline committee, in addition to his immediate disqualification, the athlete exposes himself to an additional penalty decided by the commission of discipline of the IUTA. It could be of order financial and will be judged according to each case.

3 / DOPING

It is interdict to dope itself or to have recourse to prohibited substances. It is interdict to use certain substances, and/or to distribute these same substances between athletes, in order to get physical advantages and/or mental advantageous and likely to improve the athletic performances.

The substances prohibited by this rules are recorded by the C.I.O (Olympic International Committee).

It is essential to apply the policy for Anti-doping such as it is established by the rules of the IUTA.

Controls anti-doping could also be applied to all competitions or championships when the organizers consider it necessary. An official can subject all ultra-triathlete participating to a competition or a championship to a control anti-doping, in particular if the request is the object of a written demand in responsibility. The athlete who refuses to subject itself to a control involves his immediate disqualification.

If one or more doping substances are found at the end of a control anti-doping, in the urines of an ultra triathlete at the time of a IUTA race, he or she will be immediately disqualified, he or she will have to return the trophy and the sums (prize-money) received at the time of the race, and will be subject to be sanctioned in front of the disciplinary board of the IUTA.

It then incurs 18 months a minimal suspension, and a fee in cash fixed by the commission.

An ultra triathlete being checked positive anti-doping apart from a test IUTA will be also seen translated before the commission of discipline of the IUTA and will incur the same sanctions.

IX SUPERVISION AND CONTROL

1 / GENERAL

An organizer can at any time ask for the presence of the President of the IUTA or one of his representatives. In this case, the organiser must take at his charge the travelling and lodging of the president or his representative. If it did not have the possibility of taking completely charges totality of it of the expenses, which impose the presence of the President or his representative, the organizer could then take an arrangement with the committee of the IUTA. On the assumption of his presence on the spot, the President of the IUTA would become obligatorily the general marshal of the race, unless he takes part to the competition.

Each race forming part of circuit IUTA must give a contribution of 200 euros to the IUTA as well as a contribution of 10.00 euros per athlete or team taking part to the competition.

Each race recognized as World championship, have to give a contribution of 500 euros to the IUTA as well as a contribution of 15 euros per athlete or team taking part to the competition.

2 / FUNCTION OF THE GENERAL MARSHAL OF AN EVENT:

It represents the IUTA. He inspects the roads of the courses with the others marshals. It has the right to require the changes necessary for the safety of the athletes.

He shows and indicates their job to the other judges and has a total authority on them. He follows the organization, the results and the progression of the race with the other judges.

He takes part of the ceremony of handing-over of reward and makes sure that the rules edited by IUTA are follow. When the competition is finished, it must send his report IUTA Committee on the race sanctioned by IUTA. He examines with the other judges, the sanctions distributed during the competition. It will have to also join them to his report to the IUTA. He has the right to suspend a race or to ask its reorganization if it does not respect certain points of the rules.

He has the right to take any decision to solve any sudden change or any unexpected business.

He must inform the Steering Committee of any attitude missing with the discipline being able to be the subject of a disciplinary action.

He will have to approve the final results before their publication, except controls anti-doping pending the results.

3 / JUDGES OR MARSHALS:

The judges or Marshals must be entitled by the IUTA and must be holders of a licence (athlete or member)

The judges or Marshals must be easily identified.

The judges have only the abilities to raise a fault and to inflict the sanction corresponding to the latter.

The judges or marshals must exert their authority in all objectivity. The judges or marshals must be ensured them even of the existence or the violation of the rules before inflicting a sanction. The judges or marshals must provide the Judges or general Marshal, in the form of form the multiple inflicted sanctions.

4 / WARNINGS AND DISQUALIFICATIONS

The Judges or Marshal General is the only one with being able to disqualify an athlete.

The judges or Marshals must be easily identifiable.

A disqualification can be announced constantly before the publication of the final results. The disqualification will be announced verbally or by presenting a red paperboard at the candidate.

5 / JURIES Of CALLS:

The jury of calls, made up before any competition, will be composed of:

- The Judge or general Marshal of the test,
- a representative of the IUTA named especially to manage this kind of situation
- a representative of the Steering Committee
- a representative of the athletes

6 / CALLS

The protests concerned with the room of call are:

- Behaviour of an athlete,
- Athlete implied in a violation of the rules,
- Irregularities emanating from or the organising Committee or from a judge or marshal.

The candidate or a representative of this accredited last must deposit the protests.

A call can be deposited only during the hour, which follows the incident, or the hour following the end of the competition (if the call relates to the classification) or the hour following a notification of disqualification. To in no case the call could not be retained passed this one-hour deadline.

The call will have to be formulated in writing and given to a member of the course of call.

With this request will have to be joined the sum of 100 euros.

This sum will be returned in the event of proven error.

After having received the request, the Jury of call will take the care to hear all the parts concerned.

After analysis of the evidence, the Jury of call will be able to consider the verdict, and to apply a final and irrevocable decision.

The verdict will be sent to the representative of the athlete, and to association or club on whom the athlete depends. The sum deposited will be restored if the athlete is recognized not guilty of the facts, which are reproached to him, or if it were indeed victim of the irregularities for which it appealed. In the contrary case, the sum will be versed on the bank account of the IUTA.

X MEDICAL COMMISSION

The presence of a doctor is mandatory on all sanctioned IUTA race.

The doctor of the competition can temporarily or definitively take out of the race an athlete for medical reason. To be opposed to this decision is a reason for immediate disqualification.

Medical check-up can be carried out during the competition if that is considered necessary by the medical commission.

All the candidates must be in possession of a medical insurance covering the accidents.

In the negative one the organizer with his expenses or the expenses of the athlete can propose it.

XI - TECHNICAL RULES APPLIES A EACH DISCIPLINE

1 SWIMMING

1 A/

All the styles of stroke are authorized.

The glasses of swimming and the swimming cap are mandatory.

The accessories of protection can cover the nose and the eyes, but NEVER the mouth.

All the equipment, which would interfere or modify the progression and the speed of the swimmer is prohibited. (Accessories of floating, plates, palms, etc....)

The combination neoprene is authorized in any time following the temperature of water See following table. The general judge or marshal will have to decide at the latest 1 hour before the departure of the need or not for the port of the combination of swimming.

For reasons of heating loss, it will be automatically authorized from 4 Ironman. The combination is authorized below a certain temperature for the health of the athletes but does not have to in any case to be regarded as an accessory of floating which can give an advantage for the worse swimmers.

But does not have to exceed 2 mm

The temperatures with the top of which the combination neoprene will be prohibited are below defined:

1 IRON = 25.5° C

2 IRON = 25.5° C

3 IRON = 26° C

The departures out of water are not authorized. The depth minimum, in lake as in swimming pool, is one meter throughout course.

The organizer must announce the temperature of water before the departure.

The temperature minimum of water must be of 23 deg C and 30° to the maximum in agreement with the following table:

| Minimum | Ultratriathlon | Maximum |
|----------|--------------------------|----------|
| 20 deg C | Iron Ultratriathlon | 30 deg C |
| 20 deg C | Double Ultratriathlon | 30 deg C |
| 22 deg C | Triple Ultratriathlon | 30 deg C |
| 25 deg C | Quadruple Ultratriathlon | 30 deg C |
| 26 deg C | Quintuple Ultratriathlon | 30 deg C |
| 26 deg C | Deca Ultratriathlon | 30 deg C |

1 / B Swimming in swimming pool:

Swimming can take place in open water for race not exceeding triple Iron Ultratriathlon.

All tests higher or equal to Quadruples Ultratriathlon will have to be held in swimming pool. The exceptions to this rule will have to be the subject of a request official of the organizer at the IUTA. When all the candidates cannot hold in the same swimming pool, one-second swimming pool can be used. The departure will have OBLIGATORILY to be given in the same time of the two places.

If there is not any possibility of obtaining another swimming pool, the organizer will be able to give 2 or 3 staggered starts. The slowest swimmers will leave in the first waves, fastest in the last wave.

The 10 first of the classification of World Cup IUTA will leave obligatorily in ultimate vagueness, even if some of the athletes present on this classification are regarded as slow swimmers.

In a basin of 25 meters, there could not be more than 3 (three) athletes per line.

In a basin of 50 meters, there could not be more than 4 (four) swimmers per line.

The athlete is authorized to put back, cling to the watermark or the buoys, to leave the swimming pool due to exhaustion, disease, medical check-up, massage, sleep etc.

During the halves turns in swimming pool it is obligatory touch the wall with a part of the body. To derogate from this rule is sanctioned of a disqualification.

1 / C SWIMMING OUT OF OPEN WATER:

It is suggested swimming in the direction of the needles of an opened water watch, or in the best direction to obtain a maximum of safety and the integrity of the candidates.

The organizer can authorize the candidates for being accompanied by a canoe or a small boat.

The swimmer is authorized to cling to the boat only if this last is with the stop and if the athlete is really in danger. In the event of violent storm, the swimming race can be temporarily suspended until better conditions. If the current is in the same direction that the athletes, the distance will be lengthened according to the current velocity and according to the table below:

| Speed in M/sec | Iron | 2 | 3 |
|----------------|------|-------|-------|
| 0 | 3800 | 7600 | 11400 |
| 0.1 | 3980 | 7960 | 11940 |
| 0.2 | 4160 | 8320 | 12480 |
| 0.3 | 4340 | 8680 | 13020 |
| 0.4 | 4520 | 9040 | 13560 |
| 0.5 | 4700 | 9400 | 13560 |
| 0.6 | 4880 | 9760 | 14640 |
| 0.7 | 5060 | 10120 | 15180 |
| 0.8 | 5240 | 10480 | 15720 |
| 0.9 | 5420 | 10840 | 16260 |
| 1.0 | 5600 | 11200 | 16800 |
| 1.1 | 5780 | 11560 | 17340 |
| 1.2 | 5960 | 11920 | 17880 |
| 1.3 | 6140 | 12800 | 18420 |
| 1.4 | 6320 | 12640 | 18960 |
| 1.5 | 6500 | 13000 | 19500 |
| 1.6 | 6680 | 13360 | 20040 |
| 1.7 | 5860 | 13720 | 20580 |
| 1.8 | 7040 | 14080 | 21120 |
| 1.9 | 7280 | 14440 | 21720 |
| 2.0 | 7400 | 14800 | 22200 |

Swimming is not authorized with against current the higher than 0.3 km/s.

2/CYCLING

2 A/ General

At the time of a race with circuit cyclist open to circulation, it is responsibility for the organizer to envisage cones, reflective lamps and/or any signal of danger on the totality of the course cyclist and this, for the safety of the athletes.

The athlete will be able to use only their only muscular force to advance. An assistance (poussette) could be authorized at the time of the supplies, but this, only inside the definite part for this purpose by the marshal of the race, but will not be able to in no case to exceed 10 meters.

The organizer and the marshal before the race will define the zone of supply. It will be single and all the athletes could be supplied only at this place. The zone could never be higher than 100 meters.

The cyclist part is an individual race, which will have to be carried out apart from any help coming from a vehicle. The teams of supports or mechanics will be able to intervene only when the bicycle presents a mechanical problem.

The use of a helmet, chinstrap closed is mandatory. The candidates will have to carry an approved helmet and this, during all the cyclist part.

2 B/Bicycle

The bicycle will have to follow the authorized general standards. The framework must have a form square with 3 points of supports (saddle, clothes hanger and pedals). The bicycle of the Zip type will be authorized

Any kind of non conventional propulsion, other that the traditional turning of pedals, the drafting or any other system affecting of the parts of the bicycle with ambition to improve the penetration in the air are prohibited. Any element inserted in a wheel to contribute to accelerate motricity could not be used.

The clothes hanger or extension cable will not have to represent any danger to the other athletes. The end of the extension cable will have obligatorily to be closed and protected.

A bicycle without free wheel (pinion fixes) could be used, but will have to count 1 at least brake in perfect operating condition. It is recommended to hold 2 brakes in perfect operating condition for the bicycles with free wheel.

The bicycle will have obligatorily to carry the number (plate of framework) given by the organizer. The penalty equivalent to the violation of one of these rules is the immediate disqualification. The candidate will be able to use a second bicycle (replacement) and as many wheels as it wishes it.

2 C / Light of night

During the night and when the conditions of visibility are weak, the candidates must use a light with before as with the back. It will have to be white in front and red at the back. It could be fixed on the framework or the helmet (frontal)

If cyclist is completed with circulation and is illuminated, the lights will not be mandatory, but will certainly be recommended.

2 D / Drafting and passing

To roll in aspiration behind a competitor is strictly prohibited, very like rolling in aspiration behind its vehicle of assistance or any other vehicle circulating on the course. To accompany another candidate is also prohibited. However, on certain tests (quintuple, decaf) to roll in company of another competitor could be tolerated provided that there is not possibility of aspiration.

The violation of this rule is the immediate disqualification.

Passing competitor: To avoid any collision risk, there will have to be at least 10 meters between two competitors and 2 meters between the two at the time of passing.

2 E / Vehicle of assistance.

It will not be accepted more than one following vehicle by candidate. The vehicle of assistance will have obligatorily to be a light vehicle low. To in no case, the vehicle of assistance could not be high a family vehicle or a campsite bus or a van. It is interdict to have a following vehicle on a course closed with circulation, but it is strongly advised to have one of them when the competition proceeds on open circuit to circulation.

On an open circuit to circulation, the vehicle of assistance will have to run 25 meters behind the candidate. No moment it will have to be in front of or on with dimensions competitor to try to reduce resistance to the air or to protect it from the wind. The vehicle of assistance will be able nevertheless to supply the competitor or to take medical care to him for one length of time not having to exceed 1 minute.

The laws of circulation in force in the organizing country will have to be respected during the competition on the open circuit has circulation.

2 F / Mechanical Assistance

It is authorized to profit from an external help during the cyclist part to change or repair a defective part of its bicycle. The candidate will have to take again the competition in the place, which will be his at the end of repair.

3 RUNNING

3A/ GENERAL

It is the responsibility of the organizer to envisage cones, reflective lamps and/or any signal of danger on the totality of the pedestrian course and this, for the safety of the athlete.

The running part is an individual race against the watch. Walking is authorized.

The runners are authorized to receive a help of their team of assistance or medical department, but it is interdict to be supported or carried by anyone during the race.

3B/ LOW VISIBILITY

In the event of low visibility, the runner will have to carry a reflective device (jacket) and to carry a white lamp (frontal or with the hand).

This rule does not relate to the courses closed with the road traffic and/or illuminated.

3C/ VEHICULE OF ASSISTANCE

The vehicle of assistance will have obligatorily to be a light vehicle low. To in no case, the vehicle of assistance could not be high a vehicle family or a campsite bus or a van.

When an athlete runs on a road open to the road traffic, the laws of circulation of the organizing country will have to be respected and the competitor will have to be protected by a following vehicle.

During the running part, the vehicle will have to be with 10 meters behind the competitor. The vehicle will have never to be placed in front of the candidate so as to shelter this last of the wind.

As for the cyclist part, the vehicle of assistance will be able to go up at the level of the athlete to supply it with solid or liquid, to manage medical care to him. The presence of the vehicle with of the athlete will not be able to exceed 1 minute.

The runner will have to always wear its number to the front one. If the organizer specified before the race the athlete could also carry a second in the back of it. More than two (2) people could not follow the athlete during the pedestrian part. Only one guide on both could be on bike.

The team of assistance will not be able to follow or support the candidate during the totality of the race.

XII - TIME LIMITS

The time limits of each section will depend on the organizer but will in no time exceeded the following limits:

Ultratriathlon distance 15 hrs

Double Ultratriathlon 32 hrs

Triple Ultratriathlon 52 hrs

Quadruple Ultratriathlon 72 hrs

Quintuple Ultratriathlon 100 hrs

Deca Ultratriathlon 13 days. (312 Hrs)

The time limit in each section of swimming, cycling or running will have to be specified before the day of the competition, including all the explanations of the organizer.

The organizer will have to also take all the precautions for the protection and the integrity of all the ultra triathlete still in race.

The organizer will be able to also modify a clause of the rules after agreement of the committee of the IUTA.

The organizer will have to clearly present the rules and the possible explanations at the candidates at a briefing before the competition. With defect, the general rules of the IUTA will be applied.

XIII - RECOMPENSES AND PRIZE MONEY

They will have to be presented in the form of trophies, present, and souvenir and/or in money form, given in the order of arrival and stipulated before the race by the Organising Committee.

If a race is sanctioned national Championship, or continental Championship or, Championship of the world, the reward in cash will be obligatory for at least the first 3 athletes of the classification scratch male and female.

The prize money of the female category will be decreasing according to the number of women present at the beginning. Also, for:

- - 5 women, the prize money will be de100% equal to that of the men
- - 4 women, the prize money will be 75%
- - 3 women, the prize money will be 50%
- - 2 women, Prize money will be 35%

The prizes money minimum for sanctioned race World Championship is detailed in heading XIV (special Rules for World Championship)

The ceremony of handing-over of reward will have to respect the opposite order of arrival of the athletes. The medals of finishing offered by the IUTA will have to be given to the athlete at the time of his crossing of the finishing line or at the time of a ceremony envisaged has this effect.

To in no case they should not replace the reward given by the organizer at the time of the final ceremony.

For the national or Continental Championships, the athletes will be rewarded initially. They will be presented on the podium (3 first). The winner of the national championship will see himself giving the distinctive shirt of Champion of his country, which it will have obligatorily to carry throughout the season. In order to know its rights and to have with respect to the IUTA, it will sign a contract.

The national anthem of the country in question will resound then. The distinctive shirt of LEADER of the World cup IUTA will be given at the end of the ceremony to the first and the first of the world classification at the end of the test.

Just like for the national shirts, the athlete will sign a contract with the IUTA committing it to respect the port of this distinctive shirt.

XIV - SPECIAL RULES FOR THE CHAMPIONSHIPS OF THE WORLD

GENERAL RULES

To obtain a label Championship of the World, the organizer will have to make the request in November of it of the previous year at the committee of the IUTA. An official answer will be given to him at the latest in December of the same year. The organizer will commit him respecting the totality of his engagements with respect to the IUTA.

It is the responsibility of the organizer to envisage, diplomas, trophies, prize money (see table below) and official tee shirt of the test.

The IUTA will provide to the organizer the medals for all finishers and for the first 3 men and women as well as the three first team by nation.

More than 50 athletes

| | 1 st Men / 1 st Women | 2 nd Men / 2 nd Women | 3 rd Men / 3 rd Women |
|--------------------------|---|---|---|
| Double Ultratriathlon | 1000 euro / 1000 euro | 600 euro / 600 euro | 300 euro / 300 euro |
| Triple Ultratriathlon | 1500 euro / 1500 euro | 900 euro / 900 euro | 450 euro / 450 euro |
| Quadruple Ultratriathlon | 2000 euro / 2000 euro | 1200 euro / 1200 euro | 600 euro / 600 euro |
| Quintuple Ultratriathlon | 2500 euro / 2500 euro | 1500 euro / 1500 euro | 950 euro / 950 euro |
| Deca Ultratriathlon | 5000 euro / 5000 euro | 2000 euro / 2000 euro | 1200 euro / 1200 euro |

The price money will be approve by the IUTA committee for race having less than 50 athletes participating to the race base on the following:

40 to 49 athletes (90%)

| | 1 st Men / 1 st Women | 2 nd Men / 2 nd Women | 3 rd Men / 3 rd Women |
|--------------------------|---|---|---|
| Double Ultratriathlon | 900 euro / 900 euro | 500 euro / 500 euro | 200 euro / 200 euro |
| Triple Ultratriathlon | 1350 euro / 1350 euro | 810 euro / 810 euro | 405 euro / 405 euro |
| Quadruple Ultratriathlon | 1800 euro / 1800 euro | 1080 euro / 1080 euro | 540 euro / 540 euro |
| Quintuple Ultratriathlon | 2250 euro / 2250 euro | 1350 euro / 1350 euro | 855 euro / 855 euro |
| Deca Ultratriathlon | 4500 euro / 4500 euro | 1800 euro / 1800 euro | 1080 euro / 1080 euro |

30 to 39 athlete (80%)

| | 1 st Men / 1 st Women | 2 nd Men / 2 nd Women | 3 rd Men / 3 rd Women |
|--------------------------|---|---|---|
| Double Ultratriathlon | 800 euro / 800 euro | 480 euro / 480 euro | 240 euro / 240 euro |
| Triple Ultratriathlon | 1200 euro / 1200 euro | 720 euro / 720 euro | 360 euro / 360 euro |
| Quadruple Ultratriathlon | 1600 euro / 1600 euro | 960 euro / 960 euro | 480 euro / 480 euro |
| Quintuple Ultratriathlon | 2000 euro / 2000 euro | 1200 euro / 1200 euro | 760 euro / 760 euro |
| Deca Ultratriathlon | 4000 euro / 4000 euro | 1600 euro / 1600 euro | 960 euro / 960 euro |

Less than 30 athletes (60 to 70%)

| | 1 st Men / 1 st Women | 2 nd Men / 2 nd Women | 3 rd Men / 3 rd Women |
|--------------------------|---|---|---|
| Double Ultratriathlon | 700 euro / 700 euro | 420 euro / 420 euro | 210 euro / 210 euro |
| Triple Ultratriathlon | 1050 euro / 1050 euro | 630 euro / 360 euro | 315 euro / 315 euro |
| Quadruple Ultratriathlon | 1300 euro / 1300 euro | 780 euro / 780 euro | 390 euro / 390 euro |
| Quintuple Ultratriathlon | 1625 euro / 1625 euro | 975 euro / 975 euro | 618 euro / 618 euro |
| Deca Ultratriathlon | 3000 euro / 3000 euro | 1200 euro / 1200 euro | 720 euro / 720 euro |

The prize money will have to be paid to the IUTA before the departure of the race.

It will be given to the athletes concerned after the results of control anti-doping. As indicated in chapter XIII the female prize money will be in function of the female participation to the race.

The organizer will have to transfer with the IUTA 15 euros by athletes taking the departure of the competition. All the expenses of race due to the IUTA will be paid before the departure of the competition. In the contrary case, the race will be cancelled.

The prices of engagements should not be higher than:

Double Ultratriathlon: 300 Euros
Triples Ultratriathlon: 400 Euros
Quadruples Ultratriathlon: 500 Euros
Quintuple Ultratriathlon: 600 euros
Deca Ultratriathlon: 1 500 euros

A medical department will be OBLIGATORILY present on the spot during the totality of the race. In the contrary case, a fine of 500 euros will be inflicted to the organizer.

The organizer will take responsibility for the lodging & travelling expenses of the President of the IUTA or his representatives. If it acts of a displacement by plane, the expenses will be to regulate so as to reserve the flight. On the assumption of a displacement in car, the expenses will be refunded on the spot on presentation of the documents in proof of displacement.

The expenses, which had to be paid by the organizer to the IUTA, will be to regulate before the beginning of the competition. Any failure with this rule will see the cancellation of the race

The organizer will have to take care that each athlete is covered by an insurance in the event of accident.

The organizer will have to place at the disposal of the athletes and their teams of support, tables, and chairs and possibly of the parasols.

The organizer will have to take care that the athletes are in complete safety during the competition, on the courses as much as on the place of life.

The organizer will make in kind place at the disposal of the athletes and their teams of support, what to cook, refrigerators, microwaves, and freezers.

For the tests of quintuple Iron and Déca Iron, the organizer will have OBLIGATORILY to place at the disposal of the athletes and their teams of support, a washing machine and dryer for their clothes.

The organizer will have permanently to be able to provide free to the athletes following food: Water, Coke Cola, biscuits, coffee, tea, bananas, ice, sugar, food salt, pasta, rice, vegetables, bread etc...

The organizer will have to take care that all the drinks water, an energy drink and Coke (except alcohol) are free for the athletes, before, during and after the competition.

It is recommended to the organizers to take photographs and videos of the competition.

It is the responsibility of the organizer to convene the press.

Control anti-doping is obligatory on the first and second man, first and second woman and an athlete drawn with the fate before the departure from the competition in the presence of the organizer, the marshal and the representative of the IUTA. The draw lots one will not have to in any case to know before the race that it will undergo the aforementioned control. In order to be able to take consideration of possible abandonment, three athletes will be drawn with the fate.

Each athlete will have to present before the departure a control hémocrit going back to: - less than **5** days for the athletes of the organizing country - less than **15 days** for the athletes having the voyage to carry out.

Controls will be collected by the organizer who will give them before the departure of the race to the responsible for the IUTA present on the spot.

An athlete with a hematocrit above 50 as fixed by CIO will be discarded from the start. The inscription fee will be lost and 15% of the fee will be reimbursed to the IUTA.

TECHNICAL RULES

SWIMMING:

If the test swimming takes place in a basin of 25 meters, only 3 candidates per line will be accepted. If the test swimming takes place out of basin of 50 meters, only 4 candidates per line will be accepted.

The watermarks must have a width minimum of 2.4 meters. All requests concerning the possibility of introducing a higher quantity of athlete into the watermark will have to be subjected to the approval of the committee of the IUTA.

The choice of the lines will be made according to the level swimmers. The best swimmers will occupy the central line. The swimmers with times of lower engagements will occupy the following lines to finish by the worse swimmers on the external lines.

The combination of swimming having for utility to protect from the cold and not to help the worse swimmers to evolve/move, it will be subjected to the traditional rules of port.

Also, it will be accepted only under the conditions of temperatures lower than:

Ultratriathlon = 24° C

Double Ultratriathlon = 25° C

Triple ultratriathlon = 26° C

Quadruple Ultratriathlon = 27°C

If the test swimming takes place in lake or, the organizer will have to place at the disposal of each athlete a canoe with his pilot.

The lake will have to present one or of the punts forms making it possible to the teams of support to supply their athletes.

If the test swimming is in lake, the depth minimum will have to be at least 1.20 meters. The points of skirting will have to be defined by buoys or balloons of enough important sizes to be seen athletes. Water will not have to be contaminated.

The distance will have to be certified and the course will have to be illuminated if necessary.

CYCLING

Will have to be closed to automobile traffic and will have to be illuminated. The protection of the athletes and the spectators will have to be perfect. The riding surface of the circuit will have to be perfect and the possible holes or imperfections will have to be identified in advance filled by marking before the departure of the race.

The organizer will have to envisage a free mechanical assistance during the race. The change of parts will be of course the responsibility of the athlete provided that this last were informed price before the change.

RUNNING

The course race with foot will have to be closed with the motor vehicle traffic, to be lighted and protected.

OFFICIAL CEREMONY

The athletes will be introduced one by one in the opposite order of their arrival. They will receive the trophy memory offered by the organizer.

The female podium will be presented. The trophies will be given by the organizer or the local authorities or the sponsor of the race.

The President of the IUTA or its representative will give the shirt of Champion of the World.

The official anthem of the country of the athlete will be played.

The male podium will be presented. The organizer, or the local authorities or the sponsors of the race will give the trophies.

The President of the IUTA or its representative will give the shirt of Champion of the World.

The official anthem of the country of the athlete will be played.

If a national Championship is associated this race, the winner's woman and man will then be rewarded.

They will receive the distinctive shirt of Champion of their country.

The national anthem of the country will be played.

Lastly, the podium of the teams of nation will be presented.

The anthem of the Champion country of the world will then be played.

It is the responsibility of the organizer to envisage a trophy for each 3 athlete of the TEAM.

The female athletes do not enter the classification by nation.

The classification by nation is done on 3 athletes. To be able to be classified, a nation will have OBLIGATORILY to thus introduce 3 athletes at the beginning of the race. To be valid, this classification will have obligatorily to hope at least 3 teams of complete nation at the time of the departure of the competition.

XV - DISTINCTIVE SHIRTS

In order to make recognize our discipline and to push it forwards, the IUTA decided to allow distinctive shirts to the victorious athletes of the various championships and to the leaders of the circuit World cup The IUTA is committed providing a shirt which will be given on the podium the day of the ceremony of handing-over of the prizes at the end of the tests concerned with a handing-over of distinctive shirt.

A shirt conquered by an athlete will have OBLIGATORILY to be carried by this last according to the rules laid down by the IUTA. He will sign a contract with the IUTA committing it to comply with these rules.

Any additional shirt (T shirt, long sleeves etc.) will be the responsibility of the athlete. It will be able to make of it the request at the IUTA, which will make him benefit from the preferential rates from which it profits.

He will be able with its own way to then affix its personal partners there after having warned of them the IUTA to be in conformity with the rules of the Federation.

1 / Shirt Rainbow of Champion of the World

The shirt will be given by the IUTA to the first man and with the first woman of classification SCRATCH of the tests doubles, triple, quintuple and deca. On each shirt the distance will be stipulated on which it was conquered.

With reception of this shirt, the athlete will commit himself by contract with the IUTA respecting his port and what it represents. He will have always of it to be worthy and keep in mind that it is the image of the IUTA, which he conveys.

To avoid seeing flowering a multitude of the same shirts colours, only winners SCRATCH will be able from now on to carry the aforementioned shirt. The shirt could be related to the drive, in competition and to the podiums. In no measurement it could be carried on other occasions.

An athlete having been champion of the world will be able, with life, to relate to the handles and the collar of his shirts, the edging rainbow.

2 / Shirt of Continental Champion

To the first men and women SCRATCH of the race carrying the label Continental CHAMPIONSHIP With reception of this shirt, the athlete will commit himself by contract with the IUTA respecting his port and what it represents. He will have always of it to be worthy and keep in mind that it is the image of the IUTA, which he conveys.

The shirt could be related to the drive, in competition and to the podiums. In no measurement it could be carried on other occasions.

An athlete having been Continental Champion will be able, with life, to relate to the handles and the collar of his shirts, the edging encrusted with distinctive of the Continental marks.

3 / Shirt of National Champion

At the time of a national championship authorized by the IUTA, a distinctive shirt will be given by the IUTA to the first man and the first woman of the specific classification of the aforesaid championship. With reception of this shirt, the athlete will commit himself by contract with the IUTA respecting his port and what it represents. He will have always of it to be worthy and keep in mind that it is the image of the IUTA and its country, which he conveys. The shirt could be related to the drive, in competition and to the podiums. In no measurement it could be carried on other occasions. An athlete having been national champion will be able, with life, to relate to the handles and the collar of his shirts, the edging specific to the colours of his country.

If it happened that an athlete does not know the official edging of his country, he will be able to ask council at the IUTA

4 / Shirt of leader of the World cup

After each competition of the circuit World cup of the IUTA and after attribution of the points, the leader will see himself giving by the IUTA, at the time of the handing-over of the prizes, a distinctive shirt.

On white zone, this shirt will have like characteristic, an arc in sky of 6 colours, vertical, placed with dimensions left as well as the same arc in of the same sky width on each handle. The athlete could carry this shirt as long as he will be a leader of the World cup. With reception of this shirt, the athlete will commit himself by contract with the IUTA respecting his port and what it represents. He will have always of it to be worthy and keep in mind that it is the image of the IUTA, which he conveys. This shirt could be related only in competition and to the podiums. In no measurement it could be carried in other circumstances.